



BUDDHAFIELD

Buddhafield is a spiritual sanctuary for all beings located two hours north of New York City near the Berkshires. We are currently finalizing architectural plans for Sangye Ling Temple, the North American seat of H.E. Shyalpa Rinpoche and an authentic source for the liberating teachings of Tibetan Buddhism. For more on Buddhafield, including opportunities to get involved, visit www.buddhafield.info.

“We’re building more than a retreat center, we’re building a sanctuary of complete awareness within ourselves, in the center of our hearts.”

—Shyalpa Rinpoche



H.E. SHYALPA RINPOCHE

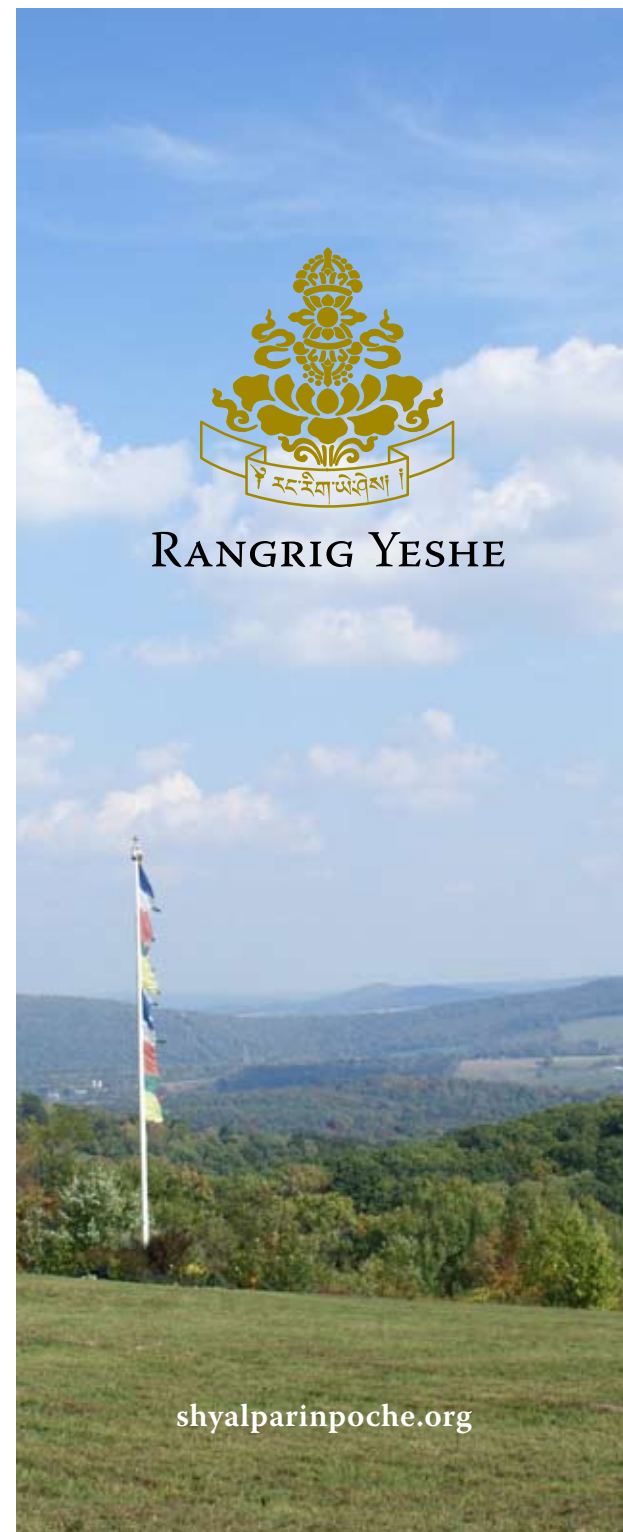
H.E. Shyalpa Rinpoche is a Tibetan lama and the founder and spiritual director of Rangrig Yeshe. He was born in a Tibetan refugee camp and trained to be a Buddhist master from the age of four. He received the complete Nyingma cycle of teachings from his precious root guru, Kyabje Chatral Rinpoche, including the ultimate teachings of Dzogchen, the Great Perfection. He also received transmissions and teachings from H.H. Taklung Shabdrung Rinpoche, H.H. Deshung Rinpoche, H.H. Khyentse Rinpoche, and H.H. Tsetrul Rinpoche. Fulfilling the wishes of his teachers, Rinpoche gives tirelessly of himself and teaches throughout the world. Along with his exceptional kindness and humor, Rinpoche has the unique ability to transmit and clarify both the esoteric and exoteric essence of the Buddha’s teachings in fluent English. He provides a framework for students to use everyday situations to realize moment-by-moment the highest potential within us.



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RANGRIG YESHE

shyalparinpoche.org

SHYALPA MONASTERY AND RETREAT CENTER



Perched atop Kopan Hill in Kathmandu, Nepal, Shyalpa Monastery and Retreat Center is home to one hundred monks and nuns, many of them orphaned refugees from Tibet. Buddhists from around the world come

to this spiritual sanctuary year-round for meditation practice and instruction from H.E. Shyalpa Rinpoche. The temple and adjoining buildings were designed by Rinpoche himself, blending traditional Tibetan monastic architecture with contemporary, western amenities.

TIBETAN REFUGEE CHILDREN'S FUND



At the request of elder Tibetan refugees, H.E. Shyalpa Rinpoche founded the Tibetan Refugee Children's Fund to give Tibetan refugee children the opportunity to receive a spiritual and conventional education.

Over the past 15 years, over 300 Tibetan refugee children living in India and Nepal have benefited from this program. For more information and to support this program, please contact Lou Koval at louisekoval1@netzero.net or P.O. 1167, Stockbridge, MA 01262.

“The core of my teaching is simply to recognize that you are alive. This alone will fulfill all your desires, all your cravings.

You will need nothing other than being who you truly are.”

—SHYALPA RINPOCHE

RANGRIG YESHE



“Rangrig Yeshe” means “Self-Inherent Primordial Wisdom” and is the potential for Enlighthenment that we all share. Rangrig Yeshe, Inc. is a 501(c)(3) nonprofit organization formed in 1991 by the Tibetan

Buddhist master of the Great Perfection tradition, H.E. Shyalpa Rinpoche, to benefit all beings. Through compassionate activities and worldwide teachings, H.E. Shyalpa Rinpoche helps to guide all fortunate beings to live fully in accordance with their true nature. We invite you to join us in any of the projects described below.

DHARMACHAKRA FUND

“Dharmachakra” is Sanskrit for “Wheel of Dharma Teachings.” Through his great kindness, H.E. Shyalpa Rinpoche turns the wheel of Dharma for fortunate beings, spreading profound teachings of wisdom and compassion in the United States, Germany, Malaysia, Singapore, and other countries. All fees associated with these teachings go into each respective country’s Dharmachakra Fund to support future teachings. See “Schedule” section of www.shyalparinpoche.org for upcoming teachings and retreats.

PROJECTS IN DEVELOPMENT

- Shyalpa Rinpoche’s first book *Dissolving Stress, Discovering Freedom: A Guidebook to Living Fully* is a compilation of the brilliant and inspiring teachings of Shyalpa Rinpoche, organized by topic in a user-friendly guidebook. If one is struggling in a particular area—for instance, if one is feeling jealous of another’s success—one can turn to the section on that topic and receive a pithy instruction on the best way to deal with it directly. Visit buddhafield.info/publications for more.
- On a beautiful plot of land near Olean, New York, Rangrig Yeshe is building small meditation huts for serious practitioners to engage in prolonged meditation retreats.
- Rangrig Yeshe plans to collect rare Tibetan Buddhist text and translate them into English in order to preserve them for future generations.
- H.E. Shyalpa Rinpoche’s recorded teachings are currently being digitized so many more beings can benefit from them through the internet and through CD compilations.